

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Jefferson County\*\*

	County Prevalence (%)*	St. Louis Metro Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	20.2	14.1	16.9
No Health Coverage	8.7	9.6	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	24.6	17.7 L	23.0
Current Smoker	32.0	26.6	26.5
Overweight (BMI 25-29.9)	34.7	33.7	35.3
Obese (BMI ≥ 30)	26.2	20.4	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	36.7	29.2	28.5
High Cholesterol (35 years or older)	42.2	33.7	37.3
Asthma	9.1	9.1	10.7
Diabetes	9.1	7.7	7.2
Activity Limitation	16.5	16.0	17.8
<b>C</b> ancer Screening			
<b>Women</b>			
Never had a Mammogram	13.7	9.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	54.3	47.4	49.4
50-64 years of age	42.4	27.3	35.9
65 and older	65.5	39.6	47.4
Never had a Pap Test:			
18-69 years of age	0.0 L#	7.2	5.1
70 and older	10.7	3.3	6.4
No Pap Test in Last Year (18-29)	18.0	30.7	25.8
No Pap Test in Last 3 Years (30-69)	10.3	15.5	13.8
<b>Men and Women 50 Years or Older</b>			
Blood Stool Test:			
Never had a Blood Stool Test	69.4	61.7	57.0
No Blood Stool Test in Last Year	87.1 H	77.0	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	50.2	45.2	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	60.8	50.9	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Jefferson county were obtained by combining data from Jefferson and Franklin counties.

# The number of respondents in this category is 0.